



**Thank you for choosing MSPB Diagnostics for your Imaging needs. Your doctor has ordered the following test for you, please see information below**

### **Stress Echocardiogram**

This is a test to evaluate your exercise tolerance/performance on a treadmill with an echocardiogram. (Pictures with sound waves) of your heart. There will be two sets of pictures, one before the treadmill and the second picture after the treadmill exercise. You will walk /run on a treadmill until you tire out or achieve the heart rate needed for the full evaluation.

*\*Your doctor may have you skip certain medications so your heart rate will increase while on the treadmill, (such as beta blockers for 24 hours or more)*

**Please ask your doctor before your exam.**

### **Day of exam preparations**

3 hours prior to test- nothing to eat and only very little to drink

Wear comfortable clothes and shoes for walking/running on treadmill

**Please call us at 561.207.2121 with any questions prior to your appointment, we look forward to seeing you!**

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