



MEDICAL SPECIALISTS OF
THE PALM BEACHES, INC.

Thank you for choosing MSPB Diagnostics for your Imaging needs. Your doctor has ordered the following test for you, please see instructions below so we take the best pictures.

Ultrasound Preparations

Please find exam you are scheduled for below and follow instructions.

EXAMS THAT ARE FASTING (called NPO) will be scheduled in the morning.

ABDOMEN-this includes, but is not limited to, liver, gall bladder, aorta, renal artery Doppler.

- ❖ DO NOT EAT or DRINK anything, (NPO) 6 hours before exam.
- ❖ YOU MAY take morning medications with water

PEVLIS/ BLADDER

- ❖ You must a full bladder for the test
- ❖ You need to finish 32oz. of any liquid 1 HOUR BEFORE the exam
- ❖ You may eat and take medications
- ❖ PLEASE do not empty your bladder

Arterial and/or Venous Doppler LEGS

- ❖ Please wear loose fitting shorts or skirt

THE following is a list of exams that require no prep.

- Breast
- Carotid
- Ext non-vascular
- Renal/Kidney
- Thyroid
- Testicular
- Transvaginal
- Spleen

Bring your Photo ID and Insurance cards and please plan to bring a form of payment for all co-pays, deductibles or co-insurance at time of service.

Please call us at 561.207.2150 with any questions prior to your appointment, we look forward to seeing you!