



MEDICAL SPECIALISTS OF
THE PALM BEACHES, INC.

Thank you for choosing MSPB Diagnostics for your Imaging needs. Your doctor has ordered the following test for you, please see instructions below so we take the best pictures.

PET/CT PREPARATIONS

- For 24 hours before your exam, please follow a low sugar diet, (no pasta, bread, rice, potato or fruit)
- FOR 24 hours prior to exam, please avoid tobacco, exercise, alcohol and caffeine (including decaffeinated)
- 6 hours before your exam, you need to fast. PLEASE Drink 32 oz. of water the morning of your test. You can continue to use the restroom as needed.
- Your last meal before the 6 hour fast should consist of any of the following: meats, eggs, seafood, green vegetables and water. (No pasta, bread, rice potato or fruit)
- If you are diabetic, please be advised your blood sugar should be around 150 or below. If you take insulin or any other diabetic medication, please take ½ (half) the normal dose at least 2 hours prior to your appointment time. If you are uncertain with this advice, please discuss this with your doctor.
- If you are, or could be pregnant, discuss this with your doctor. Notify us 48 hours prior to your exam.
- Please arrive 30 minutes prior to your scheduled appointment time
- PLEASE bring previous CT scans, x-rays, MRI or PET scans if they were performed at another facility outside of MSPB. This provides more information for the Radiologists for comparison.
- Please bring medical history and pathology reports
- Wear warm, comfortable clothing, no buttons, zippers, or metal of any kind.
- Bring your Photo ID and Insurance cards and please plan to bring a form of payment for all co-pays, deductibles or co-insurance at time of service.

Please call us at 561.207.3102, with any questions prior to your appointment, we look forward to seeing you!

101 JFK Drive
Atlantis, FL 33462

Phone: 561-207-2150 Fax: 561-207-2155