



MEDICAL SPECIALISTS OF
THE PALM BEACHES, INC.

Thank you for choosing MSPB Diagnostics for your Imaging needs. Your doctor has ordered the following test for you, please see information below

Non- nuclear Treadmill Stress Test

This is a test to evaluate your exercise tolerance/performance on a treadmill. You will walk /run on a treadmill until you tire out or achieve the heart rate needed for the full evaluation.

**Your doctor may have you skip certain medications so your heart rate will increase while on the treadmill, (such as beta blockers for 24 hours or more)*

Please ask your doctor before your exam.

Day of exam preparations

3 hours prior to test- nothing to eat and only very little to drink

Wear comfortable clothes and shoes for walking/running on treadmill

Please call us at 561.207.2121 with any questions prior to your appointment, we look forward to seeing you!

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