



MEDICAL SPECIALISTS OF
THE PALM BEACHES, INC.

Thank you for choosing MSPB Diagnostics for your Imaging needs. Your doctor has ordered the following test for you, please see instructions below so we take the best pictures.

Mammography Preparations

- Please schedule your SCREENING mammogram at least one (1) full year since your last mammogram.
- The best time to schedule your yearly mammogram is a week after your period. If you still get a regular period, the best time to have your mammogram is during the second week of your cycle.
- Please inform the Diagnostic scheduling staff if you have implants, patients with implants need more pictures and therefore more time scheduled.
- If you are, or could be pregnant, discuss this with your doctor. Notify us 48 hours prior to your exam.
- DAY OF EXAM, Please DO NOT wear deodorant, talcum powder or lotion under your arms or around the breasts on day of exam, these can appear as abnormal findings on the mammogram.
- You also will be asked to remove all earrings and necklaces.
- If you are allergic to any medications, please inform the staff before your procedure
- PLEASE bring previous Mammogram films if they were performed at another facility outside of MSPB. This provides more information for the Radiologists for comparison.
- Bring your Photo ID and Insurance cards and please plan to bring a form of payment for all co-pays, deductibles or co-insurance at time of service.

Please call us at 561.207.2150 with any questions prior to your appointment, we look forward to seeing you!

101 JFK Drive

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